

ABSTRACT OF THE DISCLOSURE

A jogging machine comprises a base, a jogging platform, a linear actuator mounted on the jogging platform, an urging frame disposed between the base and the jogging platform, and at least one pull rod. The linear actuator actuates the urging frame to urge the jogging platform to change its inclination. The jogging platform is capable of being folded along a fixed path due to the linking of the urging frame and the pull rod.